

An Example of Feedback on Process Notes from “Sally”

Remember: bring to process group two copies of this feedback sheet, with one of them cut up into slips. You'll give the cut-up feedback slips to the person that you are replying to, and you'll give to me the uncut page of feedbacks.

Harry said (week 3):

"The group seems to be stuck in a harmony and affection stage. No one seems to want to rock the boat or talk about anything important. There's an awful lot of chit-chat in process group. This is making me frustrated."

I feel the same way. I noticed that Betty and Arthur have been giving each other looks during process group, and seem to disagree a lot during task group. Is there some tension between the two of them? (Sally)

----- (cut here)

Willy said (week 3):

"I enjoyed the movie during the afternoon class, but I noticed that Betty kept talking to Harry during it. It was a little distracting."

I'm sorry about that, Willy! I tend to be a little worked up in the afternoon class, and when I'm feeling that way I have a hard time stopping myself from talking. I'm wondering if that bothers anyone else? (Sally)

----- (cut here)

Arthur said (week 3):

"I felt really quiet during task and process group this week. I also came late to process group. I'm wondering how people are reacting to me this week."

You did seem rather quiet. I was worried about you. And you've been coming to group late several times now. Do you feel that you're being left out or something? (Sally)

----- (cut here)

Betty said (week 3):

"Arthur is trying really hard to be the leader of the task group. He often starts off the group and right away comes up with suggestions about how we should do things. Arthur and Sally don't seem to mind, but I'd like to lead the group sometimes too. Arthur doesn't seem to give me or anyone a chance to do that."

I never realized that. It's true that I don't mind when Arthur takes the lead. I guess in a way it makes it easier for me. I can just relax a little and contribute to the task when I have something to say. I didn't realize it was having this effect on you. Maybe you should bring it to group!! ☺ (Sally)

* You must give me these feedback slips on time in process group in order to avoid point deductions. The purpose of these slips is to encourage feedback and self-disclosure during group. Giving them to me after group does not accomplish that purpose.